

This guide will provide nutritional and allergen information for all Summer beverages. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration and summarised in the last column. Please ensure you take extra care to identify all the possible allergens present in our beverages, if you require support please ask one of our trained barista's.

Within this booklet it will provide information on the following 14 allergens:

- Cereals Containing **Gluten** (Wheat, Spelt, Kamut, Rye, Barley and Oats)
- **Treenuts** (Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia/Queensland Nut)
- **Egg • Milk • Soya • Fish • Crustaceans • Molluscs • Sesame • Lupin • Celery • Mustard • Peanuts**
- **Sulphur Dioxide and Sulphites**

Cross-Contact

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. If you do not see a product in this booklet, please always ask the barista, so they can advise accordingly.

Ingredient information within this booklet is based on standard product formulations, variations may occur. Please note some menu items may not be available in all stores.

This information is updated regularly to reflect our procedures instore
Please check www.starbucks.mt for the most up to date information.

Customising your handcrafted beverage

This guide can be used to understand the nutrition and allergen information for your finished beverages, including information for any customisations such as syrups, drizzles, whipped cream, sprinkles and cream cold foams.

Did you know?

Any of our coffee-based beverages can be customised with a different bean, based on your preference.

Bean Types



Signature Espresso is our standard bean type that is used to craft almost all our coffee-based beverages. It is a dark and more intense, full-bodied roast.



Starbucks Blonde® is incredibly smooth and subtly sweet, with a creamy mouthfeel.



Decaf Espresso uses our standard signature espresso bean in a decaffeinated form.

Caffeine Values

Size	Signature Espresso	Starbucks Blonde® Roast	Decaf Espresso
Short	44 mg	42 mg	1.8 mg
Tall	89 mg	85 mg	3.6 mg
Grande	133 mg	128 mg	5.4 mg
Venti	178 mg	171 mg	7.2 mg

Seasonal Beverages



Allergen Update: Our Coconut Drink now contains SOYA. Please speak to a barista for more information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Brown Sugar Cloud Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	889	212	10.3	6.4	26.3	25.2	0.1	3.3	0.32	17.2	
		Grande	1235	294	13.1	8.1	39	37.4	0.2	4.8	0.50	27.7	MILK
		Venti	1305	310	11.8	7.2	45.7	43.9	0.2	5.1	0.63	37	
Brown Sugar Cloud Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [Semi-skimmed MILK], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	918	219	11.1	7	26.3	25.2	0.1	3.3	0.32	17.2	
		Grande	1279	305	14.4	9	38.9	37.3	0.2	4.8	0.50	27.7	MILK
		Venti	1352	322	13.1	8.1	45.6	43.8	0.2	5.1	0.63	37	
Brown Sugar Cloud Frappuccino® - whole milk (Standard Build)	Ice, whole milk [whole MILK], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	957	228	12.2	7.6	26.2	25.1	0.1	3.3	0.32	17.2	
		Grande	1339	319	16	10	38.8	37.2	0.2	4.8	0.50	27.7	MILK
		Venti	1416	337	14.9	9.3	45.5	43.7	0.2	5	0.62	37	
Brown Sugar Cloud Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	859	206	10.8	6.4	25	23.9	0.2	1.6	0.30	17.2	
		Grande	1188	285	13.9	8.1	36.9	35.3	0.4	2.2	0.47	27.7	ALMOND MILK
		Venti	1255	300	12.6	7.2	43.5	41.6	0.4	2.2	0.59	37	
Brown Sugar Cloud Frappuccino® - soya drink	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	900	215	11.2	6.5	25	23.9	0.5	3.2	0.31	17.2	
		Grande	1252	299	14.5	8.2	37	35.3	0.7	4.6	0.48	27.7	SOYA MILK
		Venti	1323	315	13.2	7.4	43.6	41.6	0.8	4.8	0.61	37	
Brown Sugar Cloud Frappuccino® - oat drink	Ice, oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	941	224	11.9	6.5	27.3	24.3	0.7	1.7	0.33	17.2	
		Grande	1314	313	15.5	8.2	40.5	36	1	2.4	0.52	27.7	OAT MILK
		Venti	1390	331	14.3	7.4	47.3	42.3	1.2	2.5	0.64	37	
Brown Sugar Cloud Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], brown sugar cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate; acidity regulator: citric acid], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee]	Tall	880	210	11	6.7	25.4	24.3	0.3	2.1	0.31	17.2	
		Grande	1220	291	14.2	8.6	37.6	36	0.4	3	0.48	27.7	SOYA MILK
		Venti	1289	307	12.9	7.8	44.2	42.4	0.5	3.1	0.61	37	

Seasonal

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Allergen Update: Our Coconut Drink now contains SOYA
Please speak to a barista for more information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Caramel Mocha Cloud Frappuccino® - skimmed milk	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], skimmed milk [skimmed MILK], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1331	318	17.1	10.6	36.1	34.3	0.8	4.4	0.36	21.3	
		Grande	1650	394	18.9	11.7	49.2	46.8	1.2	6	0.53	34	SOYA MILK
		Venti	1885	449	19.8	12.2	60	57.1	1.7	6.7	0.67	46.1	
Caramel Mocha Cloud Frappuccino® - semi-skimmed milk	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], semi-skimmed milk [Semi-skimmed MILK], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1359	325	17.9	11.2	36.1	34.3	0.8	4.4	0.36	21.3	
		Grande	1693	404	20.1	12.5	49.1	46.7	1.2	6	0.53	34	SOYA MILK
		Venti	1932	461	21.1	13.1	59.9	57	1.7	6.7	0.67	46.1	
Caramel Mocha Cloud Frappuccino® - whole milk (Standard Build)	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], whole milk [whole MILK], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1397	334	19	11.9	36	34.2	0.8	4.3	0.36	21.3	
		Grande	1751	418	21.7	13.6	49	46.7	1.2	5.9	0.53	34	SOYA MILK
		Venti	1995	476	22.9	14.3	59.8	56.9	1.7	6.6	0.67	46.1	
Caramel Mocha Cloud Frappuccino® - almond drink	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1301	312	17.6	10.6	34.8	33	0.9	2.7	0.34	21.3	
		Grande	1605	384	19.6	11.7	47.2	44.8	1.4	3.4	0.50	34	ALMOND MILK SOYA
		Venti	1836	439	20.6	12.2	57.8	54.9	1.9	3.9	0.64	46.1	
Caramel Mocha Cloud Frappuccino® - soya drink	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1341	321	18	10.7	34.9	33	1.1	4.2	0.35	21.3	
		Grande	1666	398	20.2	11.8	47.2	44.8	1.8	5.7	0.51	34	SOYA MILK
		Venti	1902	454	21.2	12.4	57.9	54.9	2.2	6.5	0.65	46.1	

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Caramel Mocha Cloud Frappuccino® - oat drink	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1381	330	18.6	10.7	37.1	33.4	1.3	2.8	0.37	21.3	OAT MILK SOYA
		Grande	1727	412	21.2	11.8	50.7	45.4	2.1	3.6	0.55	34	
		Venti	1968	469	22.3	12.4	61.6	55.6	2.6	4.2	0.68	46.1	
Caramel Mocha Cloud Frappuccino® - coconut drink	Ice, caramel cream cold foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Water, sugar, natural flavouring, caramel sugar syrup, acid: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum], coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], coffee Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; colouring food (concentrate of apple, carrot, hibiscus)], Cloud Frappuccino® roast soluble coffee [roasted soluble coffee], mocha sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates]	Tall	1322	316	17.8	11	35.2	33.4	1	3.2	0.35	21.3	SOYA MILK
		Grande	1636	390	19.9	12.2	47.8	45.5	1.5	4.2	0.51	34	
		Venti	1870	446	20.9	12.8	58.5	55.7	1.9	4.8	0.65	46.1	
Strawberry Matcha Cloud Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1020	244	12	7.4	29.3	27.9	0.8	4.3	0.33	40.1	MILK
		Grande	1265	302	13.1	8.1	39.5	37.8	1.1	6	0.49	61.9	
		Venti	1393	332	12.8	7.9	46.8	44.9	1.4	6.7	0.61	82.2	
Strawberry Matcha Cloud Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [Semi-skimmed MILK], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1058	253	13	8.1	29.2	27.8	0.8	4.3	0.33	40.1	MILK
		Grande	1323	316	14.7	9.2	39.4	37.7	1.1	6	0.49	61.9	
		Venti	1459	348	14.7	9.1	46.6	44.8	1.4	6.7	0.61	82.2	
Strawberry Matcha Cloud Frappuccino® - whole milk (Standard Build)	Ice, whole milk [whole MILK], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1110	265	14.5	9.1	29.1	27.8	0.8	4.2	0.33	40.1	MILK
		Grande	1401	334	16.9	10.6	39.3	37.6	1.1	5.9	0.49	61.9	
		Venti	1547	369	17.2	10.7	46.5	44.7	1.4	6.6	0.61	82.2	
Strawberry Matcha Cloud Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	980	235	12.6	7.4	27.5	26.1	0.9	2	0.30	40.1	ALMOND MILK
		Grande	1205	289	14.1	8	36.8	35.1	1.3	2.5	0.45	61.9	
		Venti	1325	318	14	7.8	43.7	41.8	1.7	2.7	0.56	82.2	

Seasonal

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Allergen Update: Our Coconut Drink now contains SOYA
Please speak to a barista for more information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Strawberry Matcha Cloud Frappuccino® - soya drink	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1034	248	13.1	7.5	27.5	26.1	1.2	4.1	0.32	40.1	SOYA MILK
		Grande	1287	308	14.9	8.2	36.9	35.1	1.8	5.7	0.47	61.9	
		Venti	1418	339	14.9	8.1	43.8	41.8	2.2	6.3	0.58	82.2	
Strawberry Matcha Cloud Frappuccino® - oat drink	Ice, oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1088	260	14	7.5	30.6	26.7	1.5	2.2	0.34	40.1	OAT MILK
		Grande	1368	326	16.2	8.2	41.5	36	2.2	2.8	0.51	61.9	
		Venti	1510	360	16.4	8.1	49	42.8	2.7	3.1	0.63	82.2	
Strawberry Matcha Cloud Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], strawberry cream foam [whipping cream (MILK), whole MILK , Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate, Maltodextrin, skimmed MILK powder, potato starch, stabiliser: xanthan gum, Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme Cloud Frappuccino® syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], vanilla flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Tall	1007	241	12.9	7.8	28.1	26.7	1	2.8	0.32	40.1	SOYA MILK
		Grande	1247	297	14.4	8.7	37.7	36	1.4	3.6	0.47	61.9	
		Venti	1372	327	14.4	8.6	44.7	42.9	1.8	4	0.58	82.2	
Caramel Protein Americano	Water, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	412	98	0.7	0.2	6.4	2.9	0.7	16.3	0.43	89.1	MILK
		Grande	429	102	0.8	0.3	7	3	0.8	16.5	0.44	133.6	
		Venti	446	106	0.9	0.3	7.5	3	0.9	16.7	0.44	178.2	
Caramel Protein Latte - skimmed milk	Skimmed milk [skimmed MILK], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	647	153	1.2	0.4	13.8	10.3	0.7	21.7	0.60	89.1	MILK
		Grande	766	181	1.4	0.5	17.6	14	0.7	24.4	0.69	89.1	
		Venti	927	220	1.8	0.7	22.7	18.6	0.8	27.9	0.80	133.6	
Caramel Protein Latte - semi-skimmed milk (Standard Build)	Semi-skimmed milk [semi-skimmed MILK], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	725	172	3.4	1.9	13.7	10.2	0.7	21.7	0.59	89.1	MILK
		Grande	881	209	4.7	2.8	17	13.8	0.7	24.4	0.68	89.1	
		Venti	1090	259	6.3	3.8	22.4	18.3	0.8	27.9	0.79	133.6	
Caramel Protein Latte - whole milk	Whole milk [whole MILK], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	828	197	6.3	3.8	13.5	10	0.7	21.6	0.59	89.1	MILK
		Grande	1036	246	9	5.5	17.1	13.6	0.7	24.2	0.68	89.1	
		Venti	1309	311	12.5	7.7	22.1	18	0.8	27.6	0.79	133.6	
Caramel Protein Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	567	136	2.6	0.4	10.2	6.7	1	17.1	0.54	89.1	ALMOND MILK
		Grande	645	156	3.5	0.5	12.2	8.6	1.1	17.5	0.60	89.1	
		Venti	757	184	4.6	0.6	15.1	11	1.5	18.1	0.68	133.6	

Seasonal

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Caramel Protein Latte - soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	677	161	3.6	0.7	10.3	6.7	1.6	21.3	0.56	89.1	SOYA MILK
		Grande	809	193	5	0.9	12.4	8.6	2	23.8	0.64	89.1	
		Venti	989	236	6.8	1.2	15.4	10.9	2.7	27	0.73	133.6	
Caramel Protein Latte - oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	785	186	5.2	0.7	16.4	7.9	2.2	17.5	0.62	89.1	OAT MILK
		Grande	971	230	7.5	0.9	21.5	10.3	2.9	18.1	0.72	89.1	
		Venti	1218	288	10.3	1.2	28.3	13.4	4	19.1	0.85	133.6	
Caramel Protein Latte - coconut drink	Coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	622	147	3	1.3	11.4	7.9	1.1	18.6	0.56	89.1	SOYA MILK
		Grande	729	172	4.1	1.8	14	10.4	1.4	19.7	0.64	89.1	
		Venti	875	207	5.6	2.5	17.6	13.5	1.8	21.3	0.73	133.6	
Vanilla Protein Matcha Latte - skimmed milk	Skimmed milk [skimmed MILK], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	645	152	1.2	0.4	13.2	10.5	1.3	22	0.57	57.5	MILK
		Grande	785	186	1.5	0.5	17.4	14.6	1.7	25.2	0.66	86.2	
		Venti	968	229	1.8	0.7	22.9	20	2.1	29.4	0.78	115	
Vanilla Protein Matcha Latte - semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	724	171	3.4	1.9	13	10.3	1.3	22	0.56	57.5	MILK
		Grande	906	215	4.8	2.9	17.2	14.3	1.7	25.2	0.65	86.2	
		Venti	1144	271	6.8	4.1	22.6	19.6	2.1	29.4	0.77	115	
Vanilla Protein Matcha Latte - whole milk	Whole milk [whole MILK], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	830	197	6.4	3.8	12.9	10.2	1.3	21.8	0.56	57.5	MILK
		Grande	1068	253	9.4	5.8	16.9	14.1	1.7	25	0.65	86.2	
		Venti	1381	328	13.5	8.3	22.2	19.3	2.1	29	0.76	115	
Vanilla Protein Matcha Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	562	135	2.6	0.4	9.5	6.8	1.6	17.2	0.51	57.5	ALMOND MILK
		Grande	659	159	3.6	0.5	11.7	8.9	2.2	17.9	0.57	86.2	
		Venti	784	190	5	0.6	14.7	11.7	2.8	18.8	0.65	115	
Vanilla Protein Matcha Latte - soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	675	160	3.6	0.7	9.6	6.8	2.2	21.6	0.53	57.5	SOYA MILK
		Grande	831	198	5.2	0.9	11.9	8.8	3.1	24.5	0.60	86.2	
		Venti	1035	247	7.3	1.3	15	11.6	4.2	28.4	0.70	115	
Vanilla Protein Matcha Latte - oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	785	186	5.3	0.7	15.9	8	2.8	17.7	0.59	57.5	OAT MILK
		Grande	1000	236	7.8	0.9	21.5	10.7	4	18.6	0.69	86.2	
		Venti	1282	303	11.1	1.3	29	14.3	5.5	19.8	0.83	115	

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Vanilla Protein Matcha Latte - coconut drink	Coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabilisers: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], unsweetened matcha powder [Powdered Green Tea]	Tall	619	146	3	1.3	10.7	8	1.7	18.8	0.53	57.5	SOYA MILK
		Grande	746	176	4.3	1.9	13.6	10.8	2.4	20.3	0.60	86.2	
		Venti	911	215	6	2.7	17.4	14.4	3.2	22.2	0.70	115	
Iced Caramel Protein Americano	Water, ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	412	98	0.7	0.2	6.4	2.9	0.7	16.3	0.43	89.1	MILK
		Grande	429	102	0.8	0.3	7	3	0.8	16.5	0.44	133.6	
		Venti	446	106	0.9	0.3	7.5	3	0.9	16.7	0.44	178.2	
Iced Caramel Protein Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	624	148	1.1	0.4	13.1	9.6	0.7	21.2	0.58	89.1	MILK
		Grande	757	179	1.4	0.5	17.	13.7	0.7	24.2	0.68	89.1	
		Venti	757	180	1.4	0.5	17.4	13.3	0.8	24	0.68	133.6	
Iced Caramel Protein Latte - semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	694	165	3.1	1.8	12.9	9.5	0.7	21.2	0.58	89.1	MILK
		Grande	870	206	4.6	2.7	17.1	13.5	0.7	24.2	0.68	89.1	
		Venti	864	205	4.4	2.6	17.2	13	0.8	24	0.67	133.6	
Iced Caramel Protein Latte - whole milk	Whole milk [whole MILK], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	788	187	5.8	3.4	12.8	9.3	0.7	21.1	0.57	89.1	MILK
		Grande	1021	242	8.8	5.	16.9	13.3	0.7	24	0.67	89.1	
		Venti	1008	240	8.5	5.2	16.9	12.8	0.8	23.8	0.67	133.6	
Iced Caramel Protein Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	552	133	2.4	0.4	9.8	6.4	1	17	0.53	89.1	ALMOND MILK
		Grande	640	155	3.4	0.5	12	8.5	1.1	17.4	0.60	89.1	
		Venti	645	156	3.3	0.5	12.4	8.2	1.2	17.6	0.60	133.6	
Iced Caramel Protein Latte - soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	651	155	3.3	0.6	9.9	6.3	1.5	20.8	0.55	89.1	SOYA MILK
		Grande	800	191	4.9	0.9	12.2	8.4	2	23.6	0.63	89.1	
		Venti	798	190	4.8	0.9	12.5	8.2	2.1	23.4	0.63	133.6	
Iced Caramel Protein Latte - oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	749	177	4.8	0.6	15.5	7.4	2	17.4	0.60	89.1	OAT MILK
		Grande	958	227	7.3	0.9	21.2	10.1	2.9	18.1	0.72	89.1	
		Venti	948	225	7	0.9	21	9.8	2.9	18.2	0.71	133.6	

Seasonal

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.



Allergen Update: Our Coconut Drink now contains SOYA. Please speak to a barista for more information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Iced Caramel Protein Latte - coconut drink	Coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], ice, caramel protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)], espresso roast (as consumed) [whole bean roasted coffee], sugar free caramel flavour syrup [Water, natural flavouring, maltodextrin, thickener: cellulose gum; acidity regulator: citric acid; preservative: potassium sorbate; sweetener: sucralose; colouring food (concentrate of apple, carrot, hibiscus)]	Tall	602	142	2.8	1.2	10.9	7.4	1.1	18.4	0.55	89.1	SOYA MILK
		Grande	721	170	4	1.8	13.8	10.2	1.3	19.6	0.63	89.1	
		Venti	723	171	3.9	1.7	14	9.9	1.4	19.7	0.63	133.6	
Iced Vanilla Protein Matcha Latte - skimmed milk	Skimmed milk [skimmed MILK], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	561	133	1	0.3	10.6	7.9	1.3	20.1	0.50	59.2	MILK
		Grande	609	144	1.1	0.4	12	9.2	1.5	21.1	0.53	70.7	
		Venti	639	151	1.2	0.4	12.8	9.9	1.7	21.8	0.55	87.6	
Iced Vanilla Protein Matcha Latte - semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	613	145	2.4	1.3	10.5	7.7	1.3	20.1	0.50	59.2	MILK
		Grande	674	160	2.9	1.6	11.9	9	1.5	21.1	0.53	70.7	
		Venti	711	168	3.2	1.8	12.7	9.7	1.7	21.8	0.55	87.6	
Iced Vanilla Protein Matcha Latte - whole milk	Whole milk [whole MILK], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	682	162	4.4	2.6	10.4	7.6	1.3	20	0.50	59.2	MILK
		Grande	761	180	5.4	3.2	11.8	8.9	1.5	21	0.53	70.7	
		Venti	807	191	5.9	3.5	12.6	9.6	1.7	21.6	0.54	87.6	
Iced Vanilla Protein Matcha Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	508	121	1.9	0.3	8.2	5.4	1.5	17	0.47	59.2	ALMOND MILK
		Grande	541	130	2.2	0.3	9	6.1	1.7	17.2	0.49	70.7	
		Venti	564	135	2.4	0.4	9.5	6.5	2	17.5	0.50	87.6	
Iced Vanilla Protein Matcha Latte - soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	581	138	2.6	0.5	8.2	5	1.9	19.8	0.48	59.2	SOYA MILK
		Grande	634	150	3.1	0.6	9.1	4	2.2	20.8	0.51	70.7	
		Venti	666	158	3.4	0.6	9.6	4.5	2.6	21.4	0.52	87.6	
Iced Vanilla Protein Matcha Latte - oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	653	154	3.7	0.5	12.3	6.2	2.3	17.3	0.52	59.2	OAT MILK
		Grande	725	171	4.5	0.6	14.2	7.1	2.7	17.6	0.55	70.7	
		Venti	767	181	4.9	0.6	15.3	7.6	3.1	17.9	0.57	87.6	
Iced Vanilla Protein Matcha Latte - coconut drink	Coconut drink [Water, coconut milk (5.7%) (water, coconut cream (2.6%)), hulled SOYA beans (2.9%), sugar, fructose, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, flavouring, stabiliser: gellan gum], matcha premix [water, Powdered Green Tea], ice, vanilla protein cold foam [skimmed MILK , Whey protein concentrate (MILK), skimmed MILK powder, stabiliser: xanthan gum, Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k], sugar free vanilla flavour syrup [Water, natural flavourings, acidity regulator: citric acid; preservative: potassium sorbate; stabiliser: xanthan gum; sweeteners: sucralose, acesulfame k]	Tall	545	129	2.2	0.9	9	6.2	1.6	18	0.48	59.2	SOYA MILK
		Grande	588	139	2.6	1.1	10	7.1	1.8	18.5	0.51	70.7	
		Venti	616	145	2.9	1.2	10.6	7.6	2.1	18.9	0.52	87.6	



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