



Nutrition & Allergen Guide

Winter Beverages

January – March 2026

Seasonal



This guide will provide nutritional and allergen information for all Winter beverages. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration and summarised in the last column. Please ensure you take extra care to identify all the possible allergens present in our beverages, if you require support please ask one of our trained barista's.

Within this booklet it will provide information on the following 14 allergens:

- Cereals Containing **Gluten** (Wheat, Spelt, Kamut, Rye, Barley and Oats)
- **Treenuts** (Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia/Queensland Nut)
- **Egg • Milk • Soya • Fish • Crustaceans • Molluscs • Sesame • Lupin • Celery • Mustard • Peanuts**
- **Sulphur Dioxide and Sulphites**

Cross-Contact

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Ingredient information within this booklet is based on standard product formulations, variations may occur. Please note some menu items may not be available in all stores.

This information is updated regularly to reflect our procedures instore.
Please check www.starbucks.mt for the most up to date information.



Customising your handcrafted beverage

This guide can be used to understand the nutrition and allergen information for your finished beverages, including information for any customisations such as syrups, drizzles, whipped cream, sprinkles and cream cold foams.

Did you know?

Any of our coffee-based beverages can be customised with a different bean, based on your preference.

Bean Types



Signature Espresso is our standard bean type that is used to craft almost all our coffee-based beverages. It is a dark and more intense, full-bodied roast.



Starbucks Blonde® is incredibly smooth and subtly sweet, with a creamy mouthfeel.



Decaf Espresso uses our standard signature espresso bean in a decaffeinated form.

Caffeine Values

Size	Signature Espresso	Starbucks Blonde® Roast	Decaf Espresso
Short	44 mg	42 mg	1.8 mg
Tall	89 mg	85 mg	3.6 mg
Grande	133 mg	128 mg	5.4 mg
Venti	178 mg	171 mg	7.2 mg



Seasonal Beverages



Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Pistachio Flavour Velvet Oat Latte – skimmed milk	Skimmed milk [skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	535	127	1.7	1.2	20.6	20.1	0.2	7	0.32	44.5	MILK
		Tall	790	187	2.5	1.8	30.3	29.4	0.3	10.5	0.47	89.1	
		Grande	988	234	3.2	2.3	38.2	37.2	0.4	12.8	0.59	89.1	
		Venti	1263	299	4.1	2.8	48.5	47.1	0.5	16.7	0.75	133.6	
Pistachio Flavour Velvet Oat Latte – Semi-skimmed milk	Semi-skimmed milk [Semi-skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	600	142	3.5	2.5	20.5	20	0.2	7	0.32	44.5	MILK
		Tall	894	212	5.5	3.8	30.1	29.2	0.3	10.5	0.46	89.1	
		Grande	1114	265	6.8	4.7	37.9	37	0.4	12.8	0.58	89.1	
		Venti	1434	340	8.9	6.1	48.1	46.8	0.5	16.7	0.74	133.6	
Pistachio Flavour Velvet Oat Latte – whole milk	Whole milk [whole MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	687	163	6	4	20.4	19.9	0.2	6.9	0.31	44.5	MILK
		Tall	1034	246	9.4	6.3	29.9	29	0.3	10.3	0.46	89.1	
		Grande	1284	305	11.6	7.7	37.7	36.7	0.4	12.5	0.58	89.1	
		Venti	1663	395	15.3	10.2	47.8	46.4	0.5	16.4	0.73	133.6	
Pistachio Flavour Velvet Oat Latte – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	467	112	2.9	1.2	17.6	17.1	0.4	3.1	0.27	44.5	ALMOND MILK
		Tall	682	164	4.4	1.7	25.4	24.5	0.7	4.2	0.39	89.1	
		Grande	856	206	5.4	2.2	32.2	31.3	0.8	5.1	0.49	89.1	
		Venti	1085	262	7.1	2.7	40.5	39.1	1.2	6.4	0.62	133.6	
Pistachio Flavour Velvet Oat Latte – soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	559	133	3.7	1.4	17.7	17.1	0.9	6.6	0.29	44.5	SOYA MILK
		Tall	830	198	5.8	2.1	25.6	24.4	1.6	9.9	0.42	89.1	
		Grande	1036	247	7.1	2.7	32.5	31.3	1.8	12	0.53	89.1	
		Venti	1328	317	9.4	3.4	40.8	39	2.5	15.7	0.67	133.6	
Pistachio Flavour Velvet Oat Latte – oat drink (Standard Build)	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	650	154	5.1	1.4	22.8	18.1	1.4	3.4	0.34	44.5	OAT MILK
		Tall	976	231	8	2.1	33.8	26	2.4	4.8	0.50	89.1	
		Grande	1213	287	9.8	2.7	42.5	33.2	2.8	5.9	0.63	89.1	
		Venti	1567	371	13	3.4	54.3	41.6	3.8	7.4	0.80	133.6	
Pistachio Flavour Velvet Oat Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Short	572	137	4.6	4	18.9	18.4	2.1	3.7	0.24	44.5	MILK
		Tall	851	204	7.1	6.3	27.6	26.7	3.5	5.3	0.33	89.1	
		Grande	1061	254	8.8	7.7	34.9	33.9	4.1	6.4	0.42	89.1	
		Venti	1362	327	11.6	10.2	44	42.7	5.6	8.2	0.53	133.6	

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Iced Pistachio Flavour Velvet Oat Latte – skimmed milk	Ice, skimmed milk [skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	676	160	2.3	1.7	26.7	25.8	0.3	7.9	0.39	89.1	MILK
		Grande	917	218	3.1	2.2	36	35	0.4	11.1	0.54	89.1	
		Venti	1053	250	3.7	2.6	41.9	40.5	0.5	11.9	0.60	133.6	
Iced Pistachio Flavour Velvet Oat Latte – Semi-skimmed milk	Ice, Semi-skimmed milk [Semi-skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	742	176	4.2	3	26.5	25.6	0.3	7.9	0.38	89.1	MILK
		Grande	1021	242	6	4.2	35.7	34.8	0.4	11.1	0.53	89.1	
		Venti	1155	274	6.5	4.6	41.7	40.3	0.5	11.9	0.60	133.6	
Iced Pistachio Flavour Velvet Oat Latte – whole milk	Ice, whole milk [whole MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	832	198	6.7	4.5	26.4	25.5	0.3	7.7	0.38	89.1	MILK
		Grande	1160	275	9.9	6.7	35.5	34.6	0.4	10.9	0.53	89.1	
		Venti	1292	307	10.4	7	41.5	40.1	0.5	11.7	0.59	133.6	
Iced Pistachio Flavour Velvet Oat Latte – almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	606	146	3.5	1.6	23.5	22.6	0.6	3.9	0.34	89.1	ALMOND MILK
		Grande	810	195	4.9	2.1	31.1	30.2	0.8	4.9	0.46	89.1	
		Venti	947	227	5.5	2.6	37.1	35.7	0.9	5.7	0.52	133.6	
Iced Pistachio Flavour Velvet Oat Latte – soya drink	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	701	167	4.4	1.9	23.7	22.6	1.1	7.5	0.36	89.1	SOYA MILK
		Grande	957	228	6.3	2.5	31.3	30.1	1.6	10.6	0.49	89.1	
		Venti	1092	260	6.8	3	37.3	35.7	1.7	11.3	0.55	133.6	
Iced Pistachio Flavour Velvet Oat Latte – oat drink (Standard Build)	Ice, oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	794	188	5.8	1.9	28.9	23.6	1.6	4.3	0.41	89.1	OAT MILK
		Grande	1102	261	8.5	2.5	39.5	31.7	2.4	5.5	0.57	89.1	
		Venti	1235	293	9	3	45.3	37.2	2.5	6.3	0.63	133.6	
Iced Pistachio Flavour Velvet Oat Latte – coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], espresso roast (as consumed) [whole bean roasted coffee], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	714	171	5.2	4.6	24.9	24	2.3	4.5	0.30	89.1	MILK
		Grande	977	234	7.6	6.7	33.3	32.3	3.5	6	0.40	89.1	
		Venti	1112	266	8.1	7.1	39.2	37.8	3.6	6.8	0.47	133.6	

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Pistachio Flavour Hot Chocolate – skimmed milk	Skimmed milk [skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	527	125	1.7	1	19.4	18.7	1.3	7.2	0.19	0	MILK
		Tall	775	184	2.5	1.5	28.4	27.4	1.9	10.8	0.29	0	
		Grande	1006	238	3.3	2	36.8	35.5	2.5	13.9	0.36	0	
		Venti	1310	310	4.2	2.5	47.6	45.9	3.2	18.8	0.49	0	
Pistachio Flavour Hot Chocolate – Semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	582	138	3.3	2.1	19.3	18.6	1.3	7.2	0.19	0	MILK
		Tall	866	205	5.1	3.3	28.2	27.2	1.9	10.8	0.28	0	
		Grande	1124	267	6.6	4.2	36.6	35.3	2.5	13.9	0.36	0	
		Venti	1480	351	9	5.8	47.3	45.6	3.2	18.8	0.48	0	
Pistachio Flavour Hot Chocolate – whole milk	Whole milk [whole MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	656	156	5.4	3.4	19.2	18.5	1.3	7.1	0.19	0	MILK
		Tall	988	235	8.5	5.4	28	27	1.9	10.6	0.28	0	
		Grande	1282	305	11.1	7.1	36.4	35	2.5	13.7	0.35	0	
		Venti	1709	406	15.5	9.8	46.9	45.2	3.2	18.5	0.48	0	
Pistachio Flavour Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	469	113	2.7	1	16.8	16.1	1.5	3.9	0.15	0	ALMOND MILK
		Tall	680	164	4.1	1.4	24.1	23.1	2.3	5.3	0.22	0	
		Grande	883	212	5.4	1.9	31.3	30	3	6.8	0.27	0	
		Venti	1132	273	7.2	2.4	39.6	37.9	3.8	8.5	0.36	0	
Pistachio Flavour Hot Chocolate – soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	548	130	3.5	1.2	16.9	16.1	1.9	6.9	0.17	0	SOYA MILK
		Tall	810	193	5.4	1.8	24.3	23.1	3	10.3	0.24	0	
		Grande	1051	250	7	2.3	31.5	29.9	3.9	13.3	0.31	0	
		Venti	1374	327	9.5	3	39.9	37.8	5.2	17.8	0.42	0	
Pistachio Flavour Hot Chocolate – oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	625	148	4.6	1.2	21.3	17	2.3	4.2	0.21	0	OAT MILK
		Tall	937	222	7.3	1.8	31.5	24.5	3.7	5.9	0.31	0	
		Grande	1216	288	9.5	2.3	40.9	31.7	4.8	7.5	0.40	0	
		Venti	1613	382	13.1	3	53.4	40.4	6.5	9.5	0.54	0	
Pistachio Flavour Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	559	134	4.2	3.4	18	17.3	2.9	4.4	0.12	0	MILK
		Tall	828	198	6.5	5.4	26	25	4.6	6.3	0.17	0	
		Grande	1074	257	8.5	7.1	33.8	32.4	6.1	8	0.21	0	
		Venti	1409	338	11.7	9.9	43.2	41.5	8.3	10.3	0.27	0	

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Pistachio Flavour Iced Chocolate – skimmed milk	Skimmed milk [skimmed MILK], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	753	178	2.5	1.5	27.7	26.7	1.9	10.3	0.27	0	MILK
		Grande	1012	240	3.3	2	37.1	35.7	2.5	14.1	0.37	0	
		Venti	1169	277	3.9	2.3	43.1	41.4	3.2	15.5	0.39	0	
Pistachio Flavour Iced Chocolate – Semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	836	198	4.8	3.1	27.5	26.5	1.9	10.3	0.27	0	MILK
		Grande	1133	269	6.7	4.3	36.8	35.5	2.5	14.1	0.36	0	
		Venti	1293	307	7.4	4.8	42.9	41.2	3.2	15.5	0.38	0	
Pistachio Flavour Iced Chocolate – whole milk	Whole milk [whole MILK], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	949	225	8	5.1	27.3	26.3	1.9	10.1	0.26	0	MILK
		Grande	1294	307	11.3	7.2	36.6	35.2	2.5	13.8	0.36	0	
		Venti	1460	347	12.2	7.7	42.6	41	3.2	15.3	0.38	0	
Pistachio Flavour Iced Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	666	160	4	1.4	23.8	22.7	2.2	5.3	0.21	0	ALMOND MILK
		Grande	887	213	5.4	1.9	31.4	30.1	3	6.8	0.28	0	
		Venti	1039	250	6.1	2.3	37.3	35.6	3.7	8.1	0.30	0	
Pistachio Flavour Iced Chocolate – soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	785	187	5.1	1.7	23.9	22.7	2.9	9.8	0.23	0	SOYA MILK
		Grande	1058	252	7.1	2.3	31.6	30	4	13.4	0.31	0	
		Venti	1216	289	7.8	2.7	37.5	35.6	4.6	14.9	0.33	0	
Pistachio Flavour Iced Chocolate – oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	902	214	6.9	1.7	30.5	24	3.5	5.7	0.29	0	OAT MILK
		Grande	1227	290	9.6	2.3	41.1	31.8	4.9	7.5	0.40	0	
		Venti	1390	329	10.4	2.7	47.4	37.5	5.6	8.8	0.43	0	
Pistachio Flavour Iced Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], mocha sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	801	192	6.2	5.1	25.5	24.5	4.4	6.1	0.16	0	MILK
		Grande	1082	259	8.6	7.2	33.9	32.6	6.1	8.1	0.21	0	
		Venti	1241	297	9.4	7.7	39.9	38.2	6.9	9.3	0.23	0	

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Pistachio Flavour Matcha Latte-skimmed milk	Skimmed milk [skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	546	129	1.7	1.2	20.8	20.7	0.4	7.4	0.33	23.8	MILK
		Tall	849	201	2.6	1.8	31.6	31.5	0.9	12.2	0.52	53.7	
		Grande	1085	257	3.4	2.3	40.4	40.3	1.3	15.3	0.66	81.6	
		Venti	1382	327	4.3	2.9	51.2	51	1.7	19.9	0.84	109	
Pistachio Flavour Matcha Latte-Semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	617	146	3.7	2.6	20.6	20.6	0.4	7.4	0.33	23.8	MILK
		Tall	975	231	6.2	4.2	31.4	31.3	0.9	12.2	0.51	53.7	
		Grande	1243	295	7.8	5.4	40.1	40	1.3	15.3	0.65	81.6	
		Venti	1592	378	10.2	7	50.8	50.6	1.7	19.9	0.83	109	
Pistachio Flavour Matcha Latte-whole milk	Whole milk [whole MILK], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	711	169	6.4	4.3	20.5	20.4	0.4	7.3	0.32	23.8	MILK
		Tall	1144	272	11	7.2	31.1	31	0.9	11.9	0.51	53.7	
		Grande	1454	345	13.8	9.1	39.8	39.7	1.3	15	0.64	81.6	
		Venti	1875	445	18.2	12	50.3	50.2	1.7	19.5	0.82	109	
Pistachio Flavour Matcha Latte-almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	473	114	3	1.2	17.5	17.4	0.7	3.2	0.28	23.8	ALMOND MILK
		Tall	717	173	4.9	1.7	25.7	25.6	1.4	4.6	0.42	53.7	
		Grande	921	222	6.2	2.2	33.1	32.9	1.9	5.8	0.54	81.6	
		Venti	1163	281	8	2.8	41.3	41.1	2.5	7.3	0.68	109	
Pistachio Flavour Matcha Latte-soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	573	136	3.9	1.4	17.6	17.4	1.2	7	0.30	23.8	SOYA MILK
		Tall	897	214	6.5	2.2	25.9	25.6	2.3	11.5	0.46	53.7	
		Grande	1145	273	8.3	2.8	33.3	32.9	3.2	14.5	0.59	81.6	
		Venti	1462	348	10.8	3.6	41.7	41.1	4.2	18.8	0.74	109	
Pistachio Flavour Matcha Latte-oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	672	159	5.4	1.4	23.2	18.4	1.8	3.6	0.35	23.8	OAT MILK
		Tall	1073	254	9.2	2.2	35.9	27.5	3.3	5.3	0.56	53.7	
		Grande	1366	323	11.6	2.8	45.8	35.3	4.4	6.8	0.70	81.6	
		Venti	1757	416	15.3	3.6	58.3	44.3	5.8	8.5	0.90	109	
Pistachio Flavour Matcha Latte-coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], pistachio cold foam [skimmed MILK , Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate], unsweetened matcha powder [Powdered Green Tea]	Short	587	141	4.8	4.3	18.9	18.9	2.5	3.9	0.24	23.8	MILK
		Tall	922	221	8.2	7.3	28.3	28.2	4.6	5.9	0.35	53.7	
		Grande	1176	282	10.3	9.2	36.3	36.2	6	7.5	0.45	81.6	
		Venti	1504	361	13.6	12.1	45.7	45.5	8	9.4	0.56	109	

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Iced Pistachio Flavour Matcha Latte – skimmed milk	Skimmed milk [skimmed MILK], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	626	148	2	1.4	23.7	23.6	0.9	8.3	0.37	55.7	MILK
		Grande	843	200	2.7	1.9	31.9	31.8	1.1	11.2	0.50	70.5	
		Venti	1000	237	3.3	2.3	38.2	38.1	1.2	12.8	0.59	78	
Iced Pistachio Flavour Matcha Latte – Semi-skimmed milk (Standard Build)	Semi-skimmed milk [Semi-skimmed MILK], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	721	171	4.7	3.3	23.5	23.4	0.9	8.3	0.36	55.7	MILK
		Grande	974	231	6.4	4.4	31.6	31.5	1.1	11.2	0.49	70.5	
		Venti	1147	272	7.4	5.2	38	37.8	1.2	12.8	0.58	78	
Iced Pistachio Flavour Matcha Latte – whole milk	Whole milk [whole MILK], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	848	202	8.3	5.5	23.3	23.2	0.9	8.1	0.36	55.7	MILK
		Grande	1149	273	11.4	7.5	31.4	31.2	1.1	11	0.49	70.5	
		Venti	1343	319	13	8.7	37.7	37.5	1.2	12.5	0.57	78	
Iced Pistachio Flavour Matcha Latte – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	527	127	3.7	1.4	19.2	19.1	1.3	2.5	0.30	55.7	ALMOND MILK
		Grande	708	171	5	1.8	25.8	25.7	1.6	3.4	0.40	70.5	
		Venti	848	205	5.9	2.2	31.4	31.2	1.8	4	0.48	78	
Iced Pistachio Flavour Matcha Latte – soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	662	158	5	1.7	19.4	19.1	2	7.7	0.33	55.7	SOYA MILK
		Grande	893	213	6.8	2.3	26	25.6	2.7	10.5	0.44	70.5	
		Venti	1056	252	7.9	2.8	31.6	31.2	3	12	0.52	78	
Iced Pistachio Flavour Matcha Latte – oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	795	188	7	1.7	26.9	20.5	2.7	3.1	0.40	55.7	OAT MILK
		Grande	1075	255	9.6	2.3	36.3	27.6	3.6	4.1	0.54	70.5	
		Venti	1261	299	11	2.8	43.2	33.4	4.1	4.8	0.63	78	
Iced Pistachio Flavour Matcha Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, matcha premix [water, Powdered Green Tea], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono- and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	681	163	6.2	5.6	21.2	21.1	3.7	3.5	0.25	55.7	MILK
		Grande	919	221	8.5	7.6	28.5	28.4	5	4.7	0.33	70.5	
		Venti	1085	260	9.8	8.7	34.4	34.3	5.6	5.4	0.40	78	

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Pistachio Flavour Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1003	239	10.4	7.5	31.4	30.9	0	5	0.52	0	MILK
		Grande	1375	328	13.8	10	44	43.2	0	6.9	0.73	0	
		Venti	1597	380	14.2	10.3	55.2	54.2	0.1	7.8	0.92	0	
Pistachio Flavour Cream Frappuccino® - Semi-skimmed milk	Ice, Semi-skimmed milk [Semi-skimmed MILK], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1056	252	11.9	8.5	31.3	30.8	0	5	0.52	0	MILK
		Grande	1447	345	15.8	11.4	43.8	43.1	0	6.9	0.73	0	
		Venti	1678	400	16.5	11.9	55	54	0.1	7.8	0.92	0	
Pistachio Flavour Cream Frappuccino® - whole milk (Standard Build)	Ice, whole milk [whole MILK], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1127	269	13.9	9.8	31.2	30.7	0	4.9	0.52	0	MILK
		Grande	1545	369	18.6	13.1	43.7	42.9	0	6.7	0.73	0	
		Venti	1787	426	19.6	13.8	54.8	53.9	0.1	7.6	0.91	0	
Pistachio Flavour Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	948	228	11.3	7.4	28.9	28.4	0.2	1.8	0.48	0	ALMOND MILK
		Grande	1299	312	15.1	9.9	40.6	39.8	0.3	2.5	0.68	0	
		Venti	1512	363	15.7	10.2	51.4	50.4	0.4	2.9	0.86	0	
Pistachio Flavour Cream Frappuccino® - soya drink	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1023	245	12	7.6	29	28.4	0.7	4.7	0.50	0	SOYA MILK
		Grande	1402	335	16.1	10.2	40.7	39.8	0.9	6.5	0.70	0	
		Venti	1628	389	16.8	10.6	51.5	50.4	1	7.3	0.88	0	
Pistachio Flavour Cream Frappuccino® - oat drink	Ice, oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1097	262	13.1	7.6	33.2	29.2	1.1	2.1	0.54	0	OAT MILK
		Grande	1504	359	17.6	10.2	46.4	40.9	1.5	2.9	0.76	0	
		Venti	1742	415	18.5	10.6	57.9	51.6	1.6	3.4	0.94	0	
Pistachio Flavour Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme Frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum; preservative: potassium sorbate; acidity regulator: citric acid; stabiliser: carageenan; maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate pistachio flavour sauce [Sugar, water, skimmed MILK powder, colouring foods (turmeric, spirulina), coconut oil, cocoa butter, natural flavouring, salt, emulsifier: mono-and diglycerides of fatty acids; stabilisers: guar gum, carrageenan; preservative: potassium sorbate]	Tall	1034	248	12.7	9.8	30	29.5	1.6	2.4	0.45	0	MILK
		Grande	1417	340	17	13.1	42.1	41.3	2.2	3.2	0.64	0	
		Venti	1644	394	17.8	13.8	53.1	52.1	2.5	3.7	0.81	0	

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
Ristretto Bianco – skimmed milk	Skimmed milk [skimmed MILK], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	267	63	0.5	0.2	8.8	7.4	0	5.8	0.17	113.4	MILK
Ristretto Bianco – Semi-skimmed milk	Semi-skimmed milk [Semi-skimmed MILK], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	344	82	2.6	1.7	8.7	7.2	0	5.8	0.17	113.4	MILK
Ristretto Bianco – whole milk (Standard Build)	Whole milk [whole MILK], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	446	106	5.5	3.5	8.5	7.1	0	5.6	0.16	113.4	MILK
Ristretto Bianco – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium (calcium carbonate), natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	188	47	1.9	0.2	5.2	3.8	0.3	1.2	0.11	113.4	ALMOND
Ristretto Bianco – soya drink	Soya drink [Water, hulled SOYA beans (8.7%), sugar, acidity regulators: potassium phosphates; calcium (calcium carbonate), sea salt, stabiliser: gellan gum; natural flavouring of apple, vitamins (B2, B12, D2)], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	296	71	2.9	0.5	5.4	3.8	0.9	5.4	0.14	113.4	SOYA
Ristretto Bianco – oat drink	Oat drink [Water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates; sea salt, vitamins (B2, D2)], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	403	95	4.5	0.5	11.4	4.9	1.5	1.6	0.19	113.4	OAT
Ristretto Bianco – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ristretto blonde single shot (as consumed) [Whole bean roasted coffee]	Short	312	76	3.9	3.6	6.8	5.4	2.3	2	0.07	113.4	

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

